



she
connects

2022

ANNUAL REPORT

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Emily Haugen
Board Chair, 2021-22

PRESIDENT'S MESSAGE

I find it hard to believe that 2022 was only one year... It feels like it was at least three! In 2022 we transformed She Connects from a grassroots nonprofit organization led by the founders, to a full-fledged Not for Profit Society led by a board of 11 fantastic women. Over the last year we have systemized, streamlined, and strategized; we've had so many conversations that were humorous, hard, thought-provoking, and system-dismantling. Together our board of directors, mentors, and mentees have made She Connects a nationwide mentorship organization with a reputation for holistically supporting young women in Canada. I feel so fortunate to have witnessed our growth this year, and to have the opportunity to see where She Connects goes next with the continued support of all our amazing volunteers and our community. Thank you all!

Emily Haugen



**Meghan Dunn, Leena Parhar,
Emily Haugen, Avneet Sandhu**
She Connects Founders

FOUNDERS' MESSAGE

If we had a crystal ball in 2019, there's absolutely no way we could have predicted that our little organization would be where it now is in 2022. Wow! We are so incredibly grateful for everyone who has supported She Connects, especially our mentors; they have been with us since the very beginning and they are the reason this organization is alive and thriving! It really does feel like an organism of itself sometimes because it grows and changes evolves every single day, and it's hard to notice the growth from day to day but when you take a moment to reflect on an entire year the changes are incredible. As the founders we were just four people with similar experiences and an idea on how we could improve the lives of young girls in high school, but the driving force behind She Connects has truly been our mentors and our board of directors, so thank you from the bottom of our hearts for all the love you have put into this organization. We are so excited to see what the future holds for She Connects!

Thank you to our 2022 Board of Directors

DIRECTORS

Carissa Konesky, Co-Director of Sustainability (Jan 2022 - Nov 2022); **President** (Dec 2022 - Present)

Sharon Kular, Director of External (Nov 2022 - Present)

Heather Mugleston, Director of Internal (Nov 2022 - Present)

Megan Joyce, Treasurer (Nov 2022 - Present)

Saron Kassay, Vice President & Director of Evaluation (Dec 2022 - Present)

Natalie Dixon, Director of Events (Dec 2022 - Present)

Dania Barakat, Director of Volunteers (Dec 2022 - Present)

Jasmine Marahar, Secretary (Dec 2022 - Present)

Charlene Duffett, Co-Director of Sustainability (Dec 2022 - Present)

Ashley Hathorn, Co-Director of Sustainability (Dec 2022 - Present)

Leena Parhar, Director of Communications (Sept 2021 - Present)

Emily Haugen, President (Sept 2021 - Nov 2022)

Meghan Dunn, Director of Internal (Sept 2021 - Nov 2022)

Avneet Sandhu, Vice President & Director of External (Sept 2021 - Jan 2023)

Barb Hopper, Treasurer (Jan 2022 - May 2022)

Oya Darici, Director of Events (Jan 2022 - June 2022)

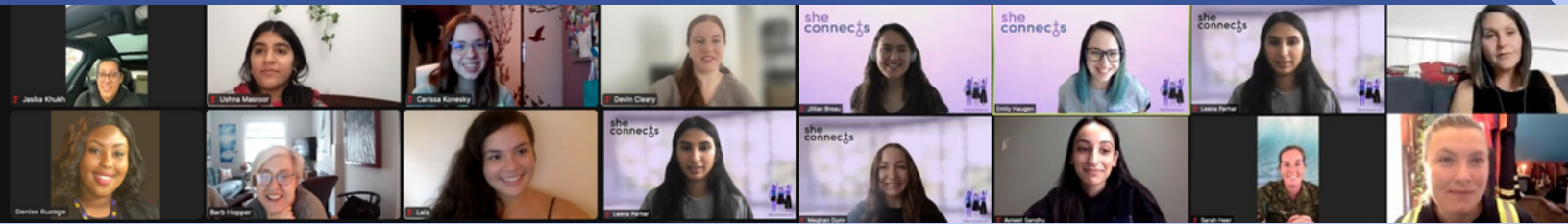
Denise Ruzage, Director of PR (Jan 2022 - Oct 2022)

Lais Gomes, Secretary (Jan 2022 - Nov 2022)

Jasika Khukh, Co-Director of External (Jan 2022 - Nov 2022)

Devin Cleary, Co-Director of Sustainability (Jan 2022 - Oct 2022)

MISSION, VISION & OUR WHY



OUR MISSION

Our Mission is to leverage the lived experience of our mentors to support and guide mentees through a pivotal stage in life, building an interconnected network of women across Canada.

OUR VISION

Our Vision is to build a nationwide community of young women who feel supported and empowered by our mentorship network.

OUR WHY

Our board members and mentors are passionate about providing girls in high school with an opportunity that we didn't have ourselves: to be connected with a woman mentor who is just a bit older and has already "been through it" and can provide advice, guidance, perspective, and support in ways that school counsellors and parents often can't.

ORIGIN STORY

HOW IT BEGAN

As 2019 Daughters of the Vote delegates, the four founders of She Connects - Emily Haugen, Avneet Sandhu, Meghan Dunn, and Leena Parhar - had the opportunity to sit in the House of Commons and Senate in Ottawa and bring to the attention of our leaders the concerns facing our communities. The four then applied for the Rosemary Spears Leadership Grant to launch their idea of *She Connects* to provide a mentorship opportunity to young women that was not available to them when they were navigating high school.

She Connects is a volunteer initiative that provides virtual/online mentorship to young women. As a grassroots movement, our main goal is to connect young women in high school with women mentors in their 20s, to foster thought-exchange, dialogues, and trusting relationships. She Connects provides a safe space for youth and allows them to speak to a mentor directly about anything they might need support with.

Our mentors support mentees with the appropriate resources and tools for success and resiliency. With this mentorship program, we strive to uplift women and empower them to be the driving force in their own lives.

She Connects programs are inclusive to women, girls, and gender non-conforming folks of all identities.



she connects timeline

APRIL 2019

Emily, Meghan, Avneet and Leena met at Daughters of the Vote in Ottawa

START



JANUARY 2020

The four apply for & receive seed funding from the Rosemary Speirs Leadership Grant to launch their idea for "She Connects" - an online mentorship program for young women in high school

ONGOING

And so it goes on! Our organization continues to grow every year, providing mentorship to youth in high-school across Canada, and creating a network of young women to create a connected community.

2020-2021

Mentor recruitment begins! She Connects receives applications from amazing young women across Canada who are passionate about supporting younger women in high school



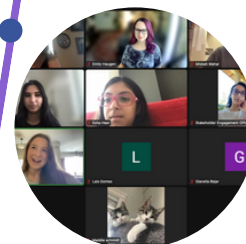
The organization develops a website, organizes the mentors into teams, and trains the mentors using mentorship Canada & orientation sessions, and completes criminal record checks. A mentorship guide book is developed to support mentors and mentees.

SEPTEMBER 2022

Our second cohort begins! Many mentors from Cohort 1 stay on for another year, and many new mentors join the organization

JUNE 2022

End of year celebration event! The first cohort of mentors and mentees complete 1 year of mentorship! She Connects presents all mentors and mentees with a certificate of achievement.



SEPTEMBER 2021

She Connects has its official launch event with speakers including:

- MLA Grace Lore, Parliamentary Secretary for Gender Equity
- LCol Sarah Heer, Lieutenant Colonel Canadian Armed Forces
- Ruth Mojeed Ramirez, Chief Equity Officer, The Inclusion Project
- Jodi Huettner, Founder, CEO Helga Wear
- Leanne Walsh, Employment Lawyer, West Coast Workplace Law
- Danielle Hofer, Outreach Officer, Women's Enterprise Centre
- Isha Solanki, mentee and panel moderator

The event is attended by mentors, mentees, and community supporters, and marks the official launch of the She Connects mentorship program!



JANUARY 2022

She Connects welcomes our first complete board of directors!



SEPTEMBER 2021

She Connects officially incorporates as a not-for-profit organization on September 29th 2021



NOVEMBER 2021

She Connects is interviewed by Global News and is supported by multiple news outlets via publications.



OCTOBER 2021

On United Nations Day, October 24th, She Connects receives an award from the United Nations Association in Canada for excellence in contributing towards the development of youth and the betterment of Humanity, - the John Gibbard Award. She Connects is also a finalist for the Charity Village Best Youth Engagement Organization.



Our 2022

COMMITTEE CHAIRS

Avneet Sandhu

Programs Committee Chair

Leena Parhar

Communications & PR Committee Co-Chair

Denise Ruzaga

Communications & PR Committee Co-Chair

Devin Cleary

Sustainability Committee Co-Chair

Strategy Working Group Committee Co-Chair

Carissa Konesky

Sustainability Committee Co-Chair

Strategy Working Group Committee Co-Chair

Emily Haugen

Governance Committee Chair

Oya Darici

Events & Engagement Committee Co-Chair

Meghan Dunn

Events & Engagement Committee Co-Chair

Mentor Committee Chair

COMMITTEE GROUPS OVERVIEW

Programs Committee

The programs committee is responsible for recruiting, training and connecting with external organizations, with a particular focus on mentees and mentors.

Members: Avneet Sandhu, Jasika Khukh, Emily Haugen, Meaghan Dunn, Lais Gomes

Communications & PR Committee

The communications committee provides support to Communications Director by creating social media posts, monthly newsletters, content creation and other public-facing content/communications

Members: Leena Parhar, Denise Ruzage, Lindsey Syanychuk, Misbah Mahal, Mehjabeen Elahi, Maggie Lie

Sustainability Committee

The sustainability committee supports the sustainability manager via donations, grants, sponsorships and other avenues to support longevity of the organization.

Members: Devin Clearly, Carissa Konesky, Denise Ruzage, Thish Rajapkshe

Strategy Working Group Committee

The purpose of the strategy working group committee is to support the organization by developing strategy and business plans.

Members: Emily Haugen, Meghan Dunn, Jasika Khukh, Devin Clearly, Carissa Konesky, Lais Gomes

Governance Committee

The Governance committee is responsible for recruiting new board members, training & onboarding of board members, ensuring board members comply with obligations stated in organizations constitutions and bylaws, monitors board structures and processes, etc.

Members: Emily Haugen, Carissa Konesky, Devin Clearly, Dilsharn Mokha, Jasika Khukh, Lais Gomes, Megan Joycey

Mentor Committee

The Mentor committee provides feedback, input and solutions in order to improve the program positively for existing and future mentors.

Members: Meghan Dunn, Emily Haugen, Avneet Sandhu, Heather Mugleston

Events & Engagement Committee

The Events & Engagement committee provides support via event planning, training session planning, implementing activities/events, mentor and mentee engagement and event collaborations with other organizations

Members: Oya Darici, Meghan Dunn, Maggie Li, Ushna Masroor

Thank you to all our board chairs and contributing members for your time and dedication in 2022!

IMPACT SUMMARY

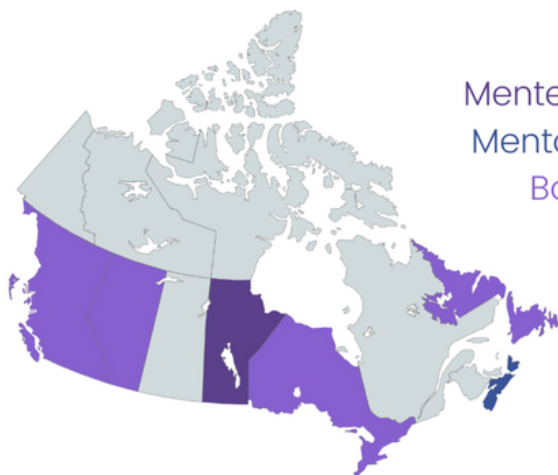
MENTORSHIP APPLICATIONS

She Connects currently operates within select provinces across Canada, including British Columbia, Alberta, Manitoba, Ontario, New Found land & Labrador and Nova Scotia. During 2022, She Connects received 42 applications from mentors and 37 applications from mentees, with a total of 25 mentees matched. She Connects has the goal to expand across each and every province in the future.

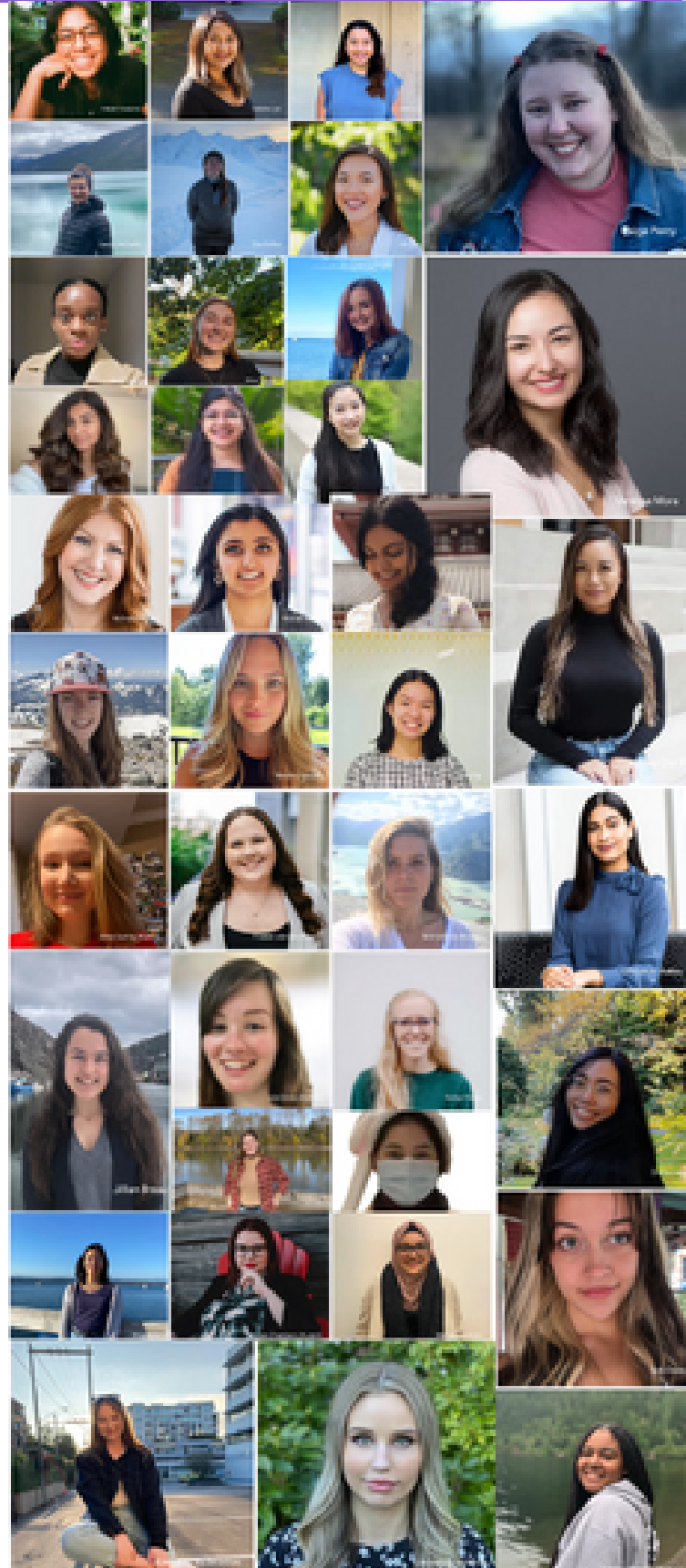
JAN 2022 - DEC 2022

25

MENTEE MATCHES

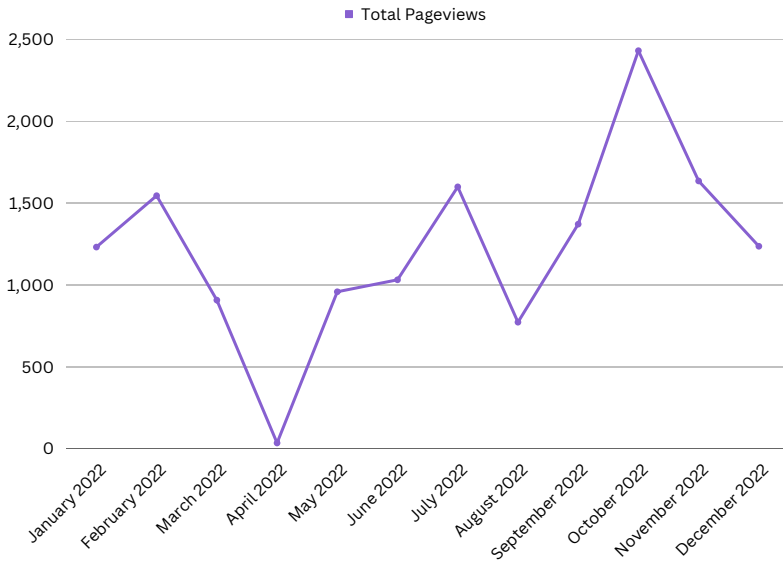


- Mentees ■
- Mentors ■
- Both ■



WEBSITE & SOCIAL MEDIA ANALYTICS OVERVIEW

WEBSITE OVERVIEW



IN 2022

1287

AVERAGE PAGEVIEWS ON SHE CONNECTS WEBSITE

291

TOTAL USERS

01

Average Engagement Time

Users who visit She Connects website spend an average of 1 mins 9s

02

Top Viewed Pages views

The #1 page views were for homepage (393 page views) and

03

Top 10 Location of Users

Vancouver (13%)
Toronto (10%)
Unknown (8%)
Surrey (7%)
Calgary (4%)
Burnaby (3%)
Ashburn (3%)
Ottawa (2%)
Mississauga (2%)
Abbotsford (2%)



IN 2022

252

AVERAGE ACCOUNTS REACHED

3

AVERAGE NUMBER ACCOUNTS ENGAGED

188

AVERAGE TOTAL FOLLOWERS

4

AVERAGE POSTS PER MONTH



IN 2022

261

AVERAGE ACCOUNTS REACHED

236

AVERAGE PROFILE VISITS

236

AVERAGE PROFILE VISITS



IN 2022

42

AVERAGE UNIQUE VISITORS

108

AVERAGE TOTAL PAGEVIEWS

IMPACT STORIES

I found the program very useful. Michelle has been an incredible mentor. I couldn't have asked for a better mentor. Having the opportunity to learn from her has made a lot of difference in my career. I am grateful to her for her support and guiding me on the right path. I look forward to our meetings and enjoying our time together.

- Ashriti

She Connects Mentee from Winnipeg, MB



I feel very lucky to have connected with Ashriti. She is an amazing young woman. I look forward to our meetings, and hearing her ideas helps me broaden my perspective. When she told me she reached a major goal, and that our discussions helped, I felt like part of something important. I look forward to more of this journey together.

- Michelle McLeod

She Connects Mentor from Delta BC



I attended the STEM night event and I thought it went great! As someone who is not in STEM I initially attended the event simply as a She Connects supporter, however, I found the topics Lieutenant Commander Bouchard touched on were really interesting and relevant to women in any field. Her discussions about women in positions of leadership was really inspiring and I definitely learned something from her words of advice.

- Madison Schmidt

She Connects Mentor from Maple Ridge BC



"My experience as a mentor with She Connects has been really rewarding! Since my mentee and I were matched based on our similar interests, I've been able to give advice based on my experiences which can help her make informed decisions in her own life. The best part is that it's not a one-sided relationship at all - I've been able to learn a lot from her too, and I'm so excited to see where life takes her."

- Jillian Breau

She Connects Mentor from St. John's, Newfoundland & Labrador

January

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Jan 30, 2022
Orientation with new Board of Directors

February

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March

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March 19, 2022
Feminist Hot Takes Event for International Women's Month

April

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April 21, 2022
STEM Night Event with Lieutenant-Commander Bouchard

April 30, 2022
Mentee Focus Group

May

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May 14, 2022
Confidence Building Event with Annik Welsh

June

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June 25, 2022
End of Year Celebration with Mentors and Mentees

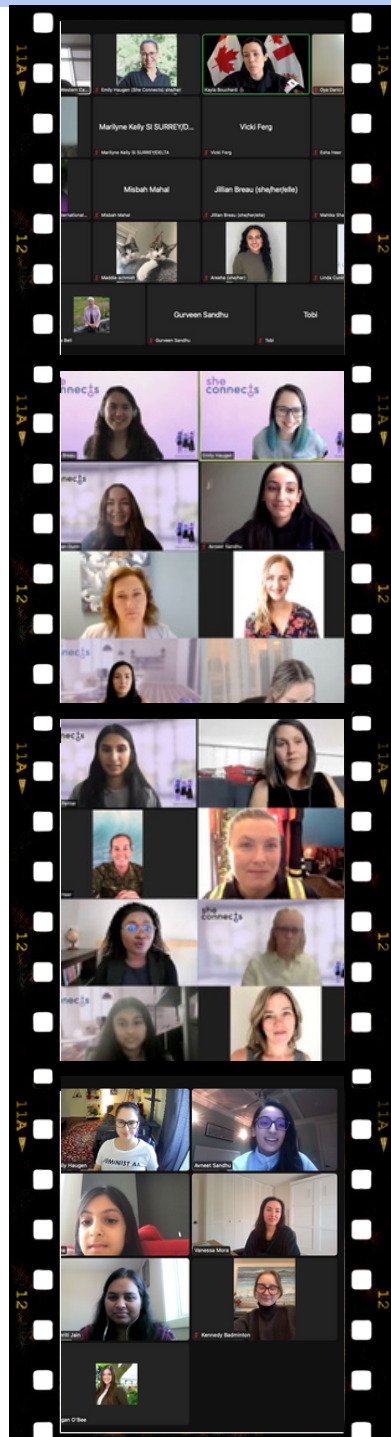
July

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July 15, 2022
Ikigai Format & Exploration Mindset Workshop with Stephanie Koonar and Louann McCurdy

August

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September

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September 27, 2022
Program Kickoff Event with Mentors and Mentees

October

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October 18, 2022
Finances Series Part 1: Finances, Where to Start? With Tracey Lundell

November

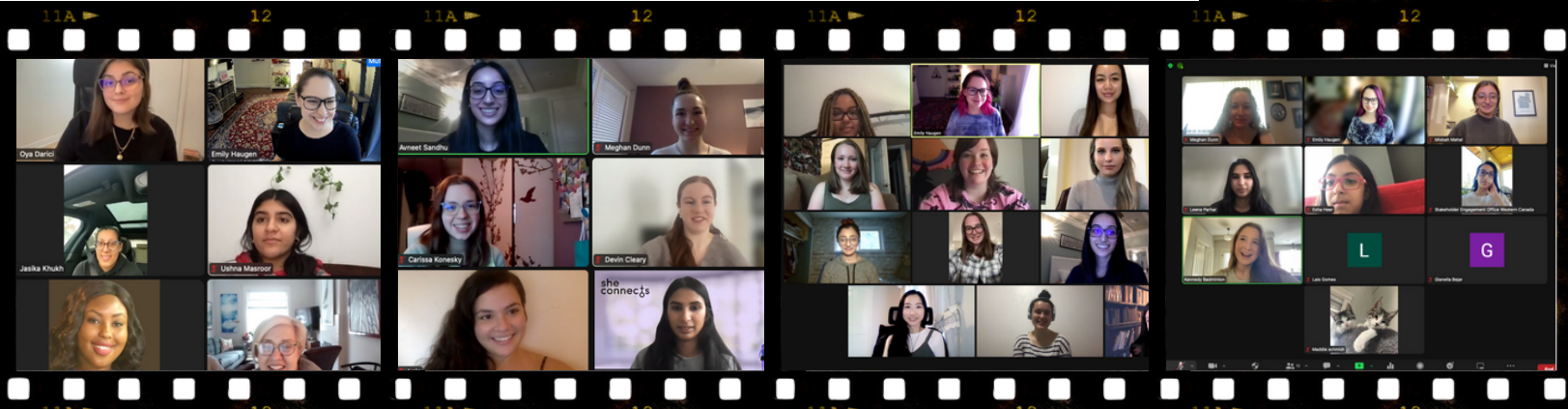
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November 1, 2022
Finances Series Part 2: Financial Goal Setting With Tracey Lundell

December

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December 13, 2022
Finances Series Part 3: Investing 101 With Tracey Lundell



ENGAGEMENT

UNITED NATIONS AWARD



She Connects Founders (left to right): Avneet Sandhu, Emily Haugen, Meghan Dunn, Leena Parhar.

She Connects was the recipient of the 2021 John Gibbard award from the UN Association of Canada for our excellence in contributing towards the development of youth and the betterment of humanity.

EQUAL VOICE VANCOUVER EVENT



She Connects board members Emily Haugen, Lais Gomes, and Meghan Dunn attended the EV networking event to continue forging relationships with woman MLA's in BC, including Grace Lore and Bowinn Ma (pictured above).

EQUAL FUTURES NETWORK



Paige Percy & Misbah Mahal

She Connects mentors Paige and Misbah were selected to attend Equal Futures 2022: A Gender Equality Summit to represent our organization and collaborate with other NGOs/non-profits across Canada. The summit provided an in-person forum for the gender equality movement in Canada to come together, in all its diversity, to strengthen capacity, share expertise, and shape a path towards a fairer and more equitable Canada.

SURREY'S TOP 25 UNDER 25 AWARD



Avneet Sandhu & SBOT Team



Lieutenant-Commander Bouchard & Avneet Sandhu

She Connects Co-Founder Avneet Sandhu was selected for the 2022 Surrey Board of Trade Top 25 Under 25 Awards. [Click here](#) to read the bios for the award winners.

Equal Voice 100 on the Hill Gala



Misbah Mahal & Emily Haugen



Emily Haugen & Kim Campbell

She Connects was invited to attend the historic 100 on the Hill event hosted by Equal Voice to celebrate 100 years of women in Parliament and showcase our successes with our mentorship program. President Emily Haugen and mentor Misbah Mahal attended on behalf of She Connects and had the opportunity to meet The Right Honourable Kim Campbell, the first and only female Prime Minister of Canada. They also had the chance to hear from The Honourable Christia Freeland, Deputy Prime Minister and Minister of Finance, as well as an incredible panel, including The Honourable Jean Augustine, the first Afro-Canadian woman elected MP, who spoke about the importance of mentorship. We're so grateful that She Connects was invited to celebrate this milestone!

MEDIA FEATURES



She Connects emphasizes the importance of female mentorship

Leena Parhar launched She Connects alongside Emily Haugen, Avneet Sandhu and Meghan Dunn. "Our aim is to foster relationships by connecting women with each other and helping them uplift and support each other," said Parhar. As a first-generation Canadian, Parhar didn't have a support system when she started university. She is also a first-generation university student, which made her first year at UBC more challenging. "We really wanted to start this organization so that we could act like a big sister or older role model to younger girls," said Parhar.

[Read more >](#)



Socially responsible, ready to inspire

Emily Haugen, a recent Kwantlen Polytechnic University (KPU) alumna, is making a positive impact as a leader within the non-profit industry. Equipped with an applied education built on work experience, Haugen became motivated to co-found a non-profit society while attending KPU. Her initiative known as She Connects is a sustainable non-profit that provides mentorship to young women through an online-based platform that fosters relationships by learning through the experiences of others, while supporting one another to reach their own personal goals.

[Read more >](#)



Empowering Women and Girls Together

As 2019 Daughters of the Vote delegates, the four founders of She Connects – Emily Haugen, Avneet Sandhu, Meghan Dunn, and Leena Parhar – had the opportunity to sit in the House of Commons and Senate in Ottawa and bring to the attention of our leaders the concerns facing our communities. The four then applied for the Rosemary Spears Leadership Grant to launch their idea of She Connects to provide a mentorship opportunity to young women that was not available to them when they were navigating high school.

[Read more >](#)



The Canadian Advisory of Women Immigrants Women Leaders Award

She Connects Director of Events and Engagement, Oya Darici, shares her story of being an immigrant woman coming from Turkey at the age of 15, navigating life in Canada without any family here, and becoming an outspoken advocate for immigrants, minorities, and women. She shares how being involved with She Connects has impacted her life, and the importance of speaking your mind. Oya was one of the winners of this year's CAWI Women Leaders Award for her excellent contributions.

[Watch video >](#)

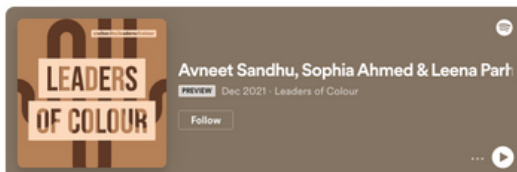


Initiative pairing up female high school students with mentors

Interview: Avneet Sandhu, Vice President & Co-founder of She Connects, explains how their mentorship programs are looking for new mentees.



Leaders of Colour: Profiling young racialized leaders as they pursue their own activism and advocacy efforts



Interview: Avneet, Sophia and Leena talk about the impact of mentorship, facing challenges without support and building community.

[Listen now >](#)

MEDIA FEATURES



Volunteer initiative connects young women in high school with women who have graduated

"Through our mentorship program," Surrey resident Avneet Sandhu explained, "we aim to foster relationships where women can share stories, learn from the experiences of others, and support one another to reach their personal goals. Sandhu is a co-founder of She Connects, along with Emily Haugen, Meghan Dunn and Leena Parhar, whose mission is "to connect young women by facilitating relationship building, mentorship, and knowledge transmission, to create a stronger community of empowered women across Canada."

[Read more >](#)

THE PEAK

She Connects launches mentorship program for girls

On September 12, 2021, SFU student Meghan Dunn and alumni Avneet Sandhu launched *She Connects*, alongside Leena Parhar and Emily Haugen. She Connects is a non-profit organization, funded by grants, that runs programs supporting grade 10-12 girls in their preparations for post-high school life. "Our mentors can offer support in the areas of body image, academics, career paths, gap years, and general 'post-high school' confusion," said Dunn.

[Read more >](#)



She Connects: mentoring and empowering young women and gender-diverse folks

Getting through high school can be enough of a challenge in itself, but at the same time, moving from high school to post-secondary or the workforce is also a difficult adjustment. "I think that creating those connections between people in high school and people who have graduated, it's so important for when you want to go and enter that post-high-school world, because sometimes you don't realize that you're not prepared for it until you're launched into it. And then you're there, and you're like 'What do I do now?'" says Emily Haugen, Co-Founder of She Connects & student at Kwantlen Polytechnic University.

[Read more >](#)



Health Sciences student and SFU alumnus create mentorship program to support success for girls, young women

Fourth year Faculty of Health Sciences student Meghan Dunn and SFU alumnus Avneet Sandhu – together with their colleagues Emily Haugen and Leena Parhar – have big dreams. These four B.C. residents designed and launched a mentorship program to support grade 10 to 12 girls in being comfortable, confident, and connected as they transition to the future, whether that's post-secondary schooling, the workforce, and/or something altogether different.

[Read more >](#)



Rosemary Speirs Leadership Grant – Celebrating our Delegates!

She Connects is a volunteer initiative that provides virtual/online mentorship to young women. Their main goal is to connect young women in high school with women who have graduated, to foster thought: exchange, dialogues, and mentorship synergies. She Connects provides a safe space for young girls and women and allows them to speak to a mentor directly about anything they might need guidance on.

[Read more >](#)

MENTOR AND MENTEE FEEDBACK

IMPACT SUMMARY

She Connects provides mentors and mentees the opportunity to provide ongoing feedback in the form of a monthly survey. In 2022, we received a total of 128 completed mentor surveys and 6 feedback surveys from our mentees.

MENTEE FEEDBACK

How long have you been a mentee with She Connects?

Mentees have been with She Connects for a few months to half a year.

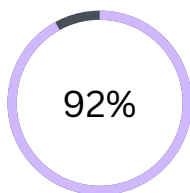
Have you used the She Connects mentorship guidebook? If so, was it helpful?

Mentees noted the guidebook is helpful and serves as a useful resource initially but not always utilized strictly, to allow for natural conversation.

Is the She Connects mentorship program meeting your needs? What can we do to make your experience better?

Mentees noted that their needs are being met through the mentorship program, their mentor is a good fit and that they are unsure of how to change the program to enhance their experience.

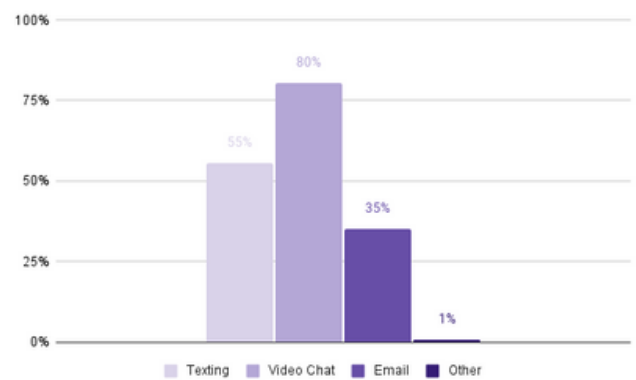
Please indicate your overall experience with She Connects?



4.6 out 5

MENTOR FEEDBACK

What was your primary mode of communication?



Approximately, how many times did you interact with your mentee and how many hours did you see them for?

Themed responses:

- interactions took place once per month ranging from 30 mins to 1.5 hours via video calls, emails and intermittent texting
- Some mentors interacted with mentees 2-3 times per month for 1-2 hours in duration
- Other mentors met 5+ times per month for 30 mins to 1 hour per meet up

Have you used your mentorship guidebook? If so, was it helpful?

Themed responses:

- some mentors utilized the mentorship guidebook initially for driving conversation which provided a foundation but later shifted to more organic conversation
- While some mentors continue to use the guidebook as it helps structure conversations and navigate challenging topics

Continued on next page...

MENTOR FEEDBACK CONTINUED

IMPACT SUMMARY

MENTOR FEEDBACK

Have you had any issues reaching your mentee? If so, please explain.

Themed responses:

- Many mentors had little to no issues connecting with their mentees
- Alternatively, other mentors had common challenges which includes rescheduling as a result of pre-existing commitments (i.e. school)

Is there anything that we can do to assist you and your mentee at this time?

Themed responses:

- The vast majority of mentors expressed that they do not currently need further assistance
- Other mentors noted needing assistance with understanding if mentees are needing to re-apply for the mentorship program

Do you have any feedback, comments or concerns for us to help improve the program?

Themed responses:

- The vast majority noted no additional comments, and happy with the program
- Some mentors noted an updated guidebook for the next cycle
- Providing opportunities for mentors and mentees to connect with each other in a social setting

MENTOR STORIES

She Connects matched me with an exceptional mentor based on our goals. Together we have created a special relationship where she is able to share her past experiences with me to provide advice on my experience. Being able to be vulnerable and connect outside of mentorship meetings has developed our relationship. Hearing her journey has inspired me to continue working towards being an artist of my life, and to be authentic and myself. I am so proud to be a part of She Connects and to become a mentor in the future.

- Megan
She Connects Mentee



She Connects matched me with a lovely mentee based on our goals/traits, and developing a relationship with her has been truly enriching. I'm able to recount my past experiences to her, to serve as a guide in her own life, and in doing so I'm also reminded of my own journey to get to where I am today. The process has been illuminating to say the least and I'm filled with hope and faith for what my mentee and her generation will accomplish in the future.

- Vanessa Mora
She Connects Mentor from Vancouver BC



Being involved with She Connects as a mentor has been such an incredible experience so far. I've loved connecting with my mentee and hearing about her thoughts and experiences, and sharing some of my own in return! Meeting other mentors from all over the country has been really powerful as well - everyone is so supportive and inspiring.

- Diana Lee
She Connects Mentor from Coquitlam, BC



"She Connects has allowed me to network on a national scale with womxn leaders all over Canada, allowing personal growth, setting a new precedent for mentorship, and advocating for gender equality. Never before have I felt so proud to be part of something so great, where my diversity is celebrated, giving me the confidence to help others reach their accomplishments!"

- Misbah Mahal
She Connects Mentor from Sturgeon County, Alberta

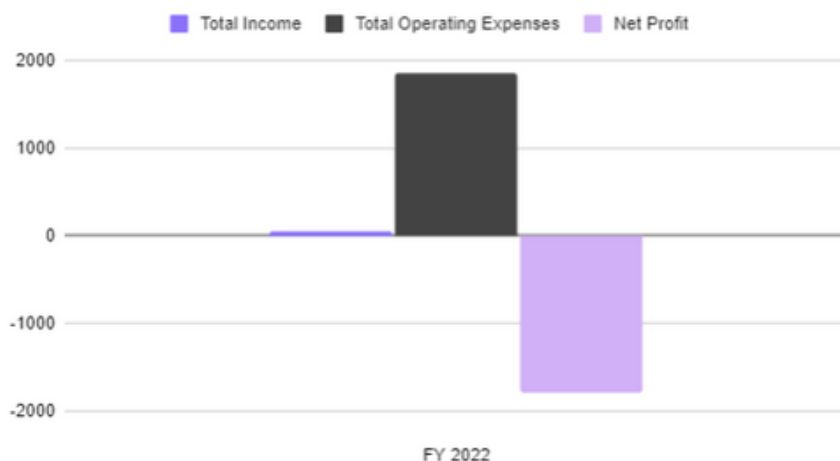
GROSS INCOME

Previous years income has been the main source of income through grants and organization donations.

This resulted in a cash balance to cover expenses for 2022 and 2023.

The current year only saw a small donation from an individual source which made no significant balance in cash.

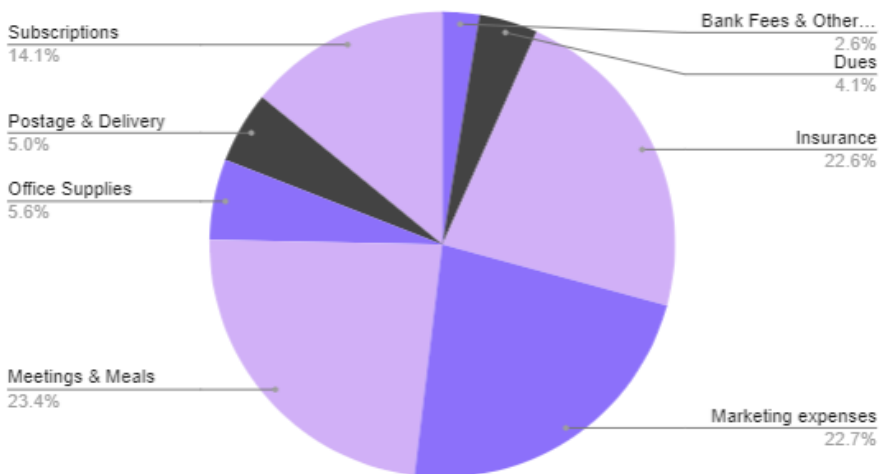
Profit and Loss for 2022



2022 EXPENSES

Expenses were as expected for the 2022 year with the largest portions covering marketing expenses , insurance, staff meals, and subscriptions for website operations.

Expenses for 2022



WHAT WE'RE WORKING ON

Resource Centre

Mentor Canada Training

Monthly Mentor Report

Mentorship Guidebook

If you prefer a PDF download of the Guidebook please email info@sheconnects.ca

Register for upcoming events

Event Recordings

Event Feedback Form

Mentor Training Quiz 2022

Anonymous Feedback Form

Directors Contact List

ONLINE PORTAL FOR BOARD MEMBERS, MENTORS, AND MENTEES

We are continuing to expand our Online Portal. This is a place where our board members, mentees, and mentors can connect to share ideas, news, and opportunities. There is also a resource centre where our participants have access to the training and forms that they need. We are looking forward to promoting further engagement within the platform this coming year.

NEW DIRECTOR ONBOARDING

This year, we streamlined our Director onboarding process. New Directors are now matched with a Director mentor. Bi-weekly meetings give them a chance to ask questions and receive support throughout their onboarding process. Our plans for next year are to continue to make onboarding more efficient by creating director handbooks and other resources.

NEW MENTOR ONBOARDING

Our mentors are such a valued part of She Connects - they make our programs possible! We want to make the mentor onboarding process as efficient as possible for them. Our Program Committee is working hard to streamline our mentor matching and onboarding process. We are looking at renewing our mentor and mentee application timelines, our communications with applicants, and our training and onboarding program.

SCHEDULE OF ANNUAL GENERAL MEETINGS

2023

February 20, 2023

2024

February 26, 2024

2025

February 25, 2025

2026

February 23, 2026

LOOKING FORWARD

WHAT'S NEXT?

PROVIDE JOB OPPORTUNITIES TO YOUNG PEOPLE

She Connects has applied for funding from the Government of Canada to hire a summer student for the summer of 2023. We plan to provide a rewarding work experience by giving them the opportunity to express what they are interested in and what skills they would like to learn. Our summer student will be invaluable in creating new systems for She Connects and providing a youth voice in enhancing our programs. Our fully remote role will be accessible to any youth within Canada.

EXPANDING OUR VOLUNTEER PROGRAM

Recognizing the need for more volunteer support, we are thrilled to have created a new Director of Volunteers position on our Board this past year. We are working on recruiting skilled volunteers who can help our Directors with their workload. These volunteers will bring diverse interests and ideas to She Connects. Our volunteer opportunity will also provide young people with the chance to develop skills and enhance their resume.

REACHING MORE RURAL COMMUNITIES AND COMMUNITIES OF COLOUR

We want the mentorship that She Connects provides to be accessible to all self-identified young women who would like to take part. We want to work with youth organizations in rural communities to make our mentorship program more accessible to youth in all parts of Canada. We also want to reach more BIPOC communities in Canada and make our mentorship program accessible and relevant to all.

FOCUS ON EVALUATION AND CONTINUOUS IMPROVEMENT

Our mentors and mentees are our best resource in telling us what we are doing right, and what we need to change! With the creation of a new role on our board, the Director of Evaluation, we will be focusing on evaluating the impact and efficiency of our She Connects programs. We will use the data to determine how we can make our programs more meaningful for our mentors, mentees, and volunteers.